

Conversation Starters For Tween - Adult - through age 102



Describe your perfect day: from the time you wake up till the time you go to bed	What kind of food did you dislike as a child but love now?	What is/was your least favorite subject in school?	What is/was your most favorite subject in school?
Name two things you would take to a deserted island.	What is your favorite book and why?	What would your life be like if there were no phones?	What are your favorite meals that you eat at home?
Tell us your favorite story about one fun thing you did with your best friend.	Describe something our family should plan to do in the future.	Which member of your family came to the U.S. from far away? Where did they come from? When did they come?	What is the hardest thing you have ever done?
What are your three favorite movies?	What makes somebody a good friend?	What was your favorite toy when you were a kid?	If you won a million dollars, you would...

**✂ Cut out each square and place in a cup or bowl.
Let everyone take one and start the conversation. Enjoy!**

Eat Together!



It Makes A Difference.

A message from the
Rockland County School Health and Wellness Coalition
www.rocklandsteps.org
(845) 364-2500