

## Conversation Starters For Small Children - through age 12



If you could go on vacation anywhere in the world where would you go?	If you could pick a new first name, what would it be?	What is your favorite place in the whole world and why?	If you could meet a person from history who would it be?
If you had to leave earth on a space ship and take four friends with you, who would you take?	What storybooks do you like to read? Is there a special book you would like to read together after dinner?	What is one of your favorite colors? Do you see anything that color on the table?	What are your favorite meals we make at home? What other foods or recipes would you like to try?
What is the nicest thing you did for someone today? What is the nicest thing someone did for you?	What is your favorite smell in the whole world and why?	If you could invite 3 famous people to dinner who would they be?	If you could have a super power, would you rather fly or be invisible? Why?
Name three things that you have never done.	What movie character would you want to be?	What would you like to invent?	Tell a joke you think will make other family members laugh.

**✂ Cut out each square and place in a cup or bowl.  
Let everyone take one and start the conversation. Enjoy!**

# Eat Together!



*It Makes A Difference.*

A message from the  
Rockland County School Health and Wellness Coalition  
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