



# Michelle's Mango Kiwi Salsa

- 1 ripe mango
- 2 ripe kiwis
- 1/3 cup diced red pepper
- 1 lime, rind and juice
- 1 Tablespoon orange juice
- 1/2 cup sliced scallions or diced white onion
- 1 clove garlic, minced
- 1/4 cup chopped fresh cilantro
- Dash of coarse salt and pepper

1. Mix lime rind, lime juice and orange juice in medium size bowl.
2. Peel, cut and dice mango and kiwis, place in bowl.
3. Add red pepper, onion, garlic, and cilantro. Add to bowl.
4. Stir and chill for one hour.
5. Use as a dip or relish for your favorite vegetables, meats, fish or chicken.

Recipe developed by Michelle S. Kleinman, RD,CD/N

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